

Arlington 8.35	Smoked Turkey Breast • Havarti Cheese • Lettuce • Tomato Mayonnaise • Served Hot on an Onion Roll
Wildwood 8.35	Smoked Ham & Muenster Cheese • Lettuce • Tomato • Mustard Horseradish • Served Hot on Pumpernickel
Rachel 8.35	Hot Pastrami • Sauerkraut • Swiss Cheese • Russian Dressing • Rye Bread
Emerson 8.35	Grilled Chicken Breast with Cheddar • Lettuce • Tomato • Mayonnaise On a Sub Roll
Rutherford 8.35	Rare Roast Beef • Muenster Cheese • Horseradish • Mustard • Lettuce and Tomato on a Toasted Bialy Roll
Verona 7.75	Cheddar Cheese • Fresh Cucumbers • Lettuce • Tomato • Onions Sprouts • Ranch Dressing • On Pumpernickel
Asbury 8.35	Grilled Chicken Breast • Prosciutto Ham • Swiss Cheese • Lettuce • Tomato • Sprouts Mustard • On a Kaiser Roll
Avon 8.60	Nova Scotia Salmon • Tomato • Onions • Cream Cheese • Served on a toasted Bialy Roll
Roxbury 8.35	Fried All Beef Bologna • American Cheese • Grilled Onions • Yellow Mustard • Served on an Onion Roll
Montclair 8.35	Meatless Garden Burger • Mozzarella Cheese • Russian Dressing • Lettuce • Tomato Sprouts • Served on an Onion Roll
Ridgewood 8.35	Black Bean Burger • Cheddar Cheese • Salsa • Sour Cream • Served on an Onion Roll

FROM THE GRILL

Steak & Cheese Sub with provolone cheese. 8.35	6 oz. Mushroom Swiss Burger 8.50
6 oz. Jumbo Burger*7.75 ..w/ cheese... 8.35	6 oz. Cheddar & Bacon Burger 8.50
6 oz. Patty Melt Burger 8.35	6 oz. Bleu Cheese Burger 8.50
with Swiss Cheese, Grilled Onions, Russian Dressing, *Served on Rye*	6 oz. Pepper Jack Cheese Burger 8.50
Meatless Garden Burger* 7.75 ..w/ cheese 8.35	6 oz. Taylor Ham & Cheese Burger 8.50
Black Bean Burger *7.75 ..w/ cheese.... 8.35	

Burgers served on a Kaiser Roll or Onion Roll. Price includes your choice of toppings including grilled onions.

ON LETTUCE BEDS

Tuna or Chicken Salad 5.25	Fresh Cut Fruits (seasonal)..... 4.25
Egg Salad 4.75	Pickled Herring 6.50
	in wine or cream sauce

1. Imported Ham 7.35	13. Smoked Turkey 7.35
2. Turkey Breast 7.35	14. Chicken Salad 6.75
3. Roast Beef 7.35	15. Egg Salad 6.25
4. Corned Beef 7.35	16. Tuna Salad 6.75
5. Pastrami 7.35	17. Smoked Ham 7.35
6. Turkey Pastrami 7.35	18. Bacon, Lettuce & Tomato 6.25
7. Liverwurst 6.50	with Mayo on Whole Wheat Toast.
8. Cream Cheese & Olive 6.25	19. Bagel
9. Kosher Hot Dog 4.50	Toasted..... 1.50
Two dogs, same plate..... 8.35	With Butter..... 1.75
10. Jerk Chicken 7.35	With Cream Cheese (any cheese) 2.50
11. Pimento Cheese 6.25	With Nova and Cream Cheese..... 8.60
12. Toasted Swiss or American 6.25	

Sandwiches come on your choice of Rye Bread, Pumpernickel, Kaiser Roll, Onion Roll, Sub Roll, White, Whole Wheat, Multi-Grain, Bialy, or Bagel (Lg Sub adds extra meat & cheese charges)

Lettuce, Tomato, Sprouts, Cole Slaw - .15 each, Cheese - .75

Bacon - 1.50 • Grilled Mushrooms- .25 • 50% Extra Meat - 2.50

All Sandwiches come with a pickle spear and potato chips or carrot sticks.

Side of Ranch or Bleu Cheese .75 • Split sandwich charge .50 • Half sandwich 2.50 off

PLATES (on lettuce bed)

20. Herring Plate – (wine or cream sauce)	25. Dieters Plate
Cole Slaw • Tomato • Bagel with butter or cream cheese..... 8.60	Turkey Breast • Pasta Salad • Carrots • Tomato..... 8.35
21. Cold Cut Plate	26. Fresh Fruit & Pasta Salad Plate
Choice of 1 meat and 1 cheese • Potato Salad • Choice of bread.... 8.35	(Seasonal) includes toasted bagel with cream cheese or butter..... 8.35
22. Tuna Salad Plate	27. Homemade Quiche Plate
With Cole Slaw • Tomato • Choice of bread 8.35	Ask about available quiche selections • with Fruit (Seasonal) or Pasta Salad..... 8.35
23. Chicken Salad Plate	
With Macaroni Salad • Tomato • Choice of bread 8.35	
24. Egg Salad Plate	
Choice of Side Order • Tomato • Choice of bread 8.35	

SALADS

<i>Tossed Salad</i>	5.25
<i>with shredded cheese</i>	
<i>Large Tossed Salad</i>	6.25
<i>Chef Salad</i>	7.35
<i>with ham, turkey & cheese</i>	
<i>Greek Salad</i>	6.99
<i>Feta Cheese, Greek Olives, Salonika peppers</i>	
<i>Small Greek Salad</i>	5.50
<i>Small Chef Salad</i>	6.25
<i>Add Grilled Chicken to any Salad</i>	2.50

FOR THE CHILDREN

Smaller portions, sandwiches served on White or Whole Wheat. (We can remove the crust.)
With Choice of Goldfish, carrots, or chips

<i>Kids Pizza</i>	
<i>Beef Hot Dog</i>	
<i>Peanut Butter & Jelly</i>	
<i>Chicken Fingers</i>	
<i>Toasted American Cheese</i>	
<i>Ham & American Cheese</i>	
<i>Turkey Breast</i>	4.50

BEVERAGES

<i>20oz Coca-Cola Fountain Products</i>	2.25
<i>Large 32 oz</i>	2.75
<i>Tea</i>	1.25
<i>Large</i>	1.75
<i>Blenheim Ginger Ale</i>	2.25
<i>Bottled Water</i>	1.50
<i>Dr. Brown's Sodas</i>	1.75
<i>Juices</i>	2.00
<i>Bottled Sodas and Sparkling Water</i>	1.75
<i>Assorted Canned Sodas</i>	1.25
<i>Snapple</i>	1.99

SIDE ORDERS

<i>Baked Beans</i>	1.99
<i>Red Skin Potato Salad</i>	1.99
<i>Hot German Potato Salad</i>	1.99
<i>Macaroni Salad</i>	1.99
<i>Pasta Salad</i>	1.99
<i>Kosher Pickle Speared</i>99
<i>Carrot Sticks with Ranch Dip</i>	1.25
<i>Cole Slaw</i>	1.99
<i>Hot Sauerkraut</i>	1.50
<i>Side of Potato Chips</i>	1.00
<i>4 oz. Ranch/Blue Cheese Dip</i>75

DESSERTS

<i>N.Y. Cheese Cake</i>	2.95
<i>Triple Chocolate Cheese Cake</i>	3.25
<i>Carrot Cake</i>	3.75
<i>Baklava</i>	1.75
<i>Brownies and Magic Bars</i>	2.00
<i>Fresh Baked Cookies – various prices</i>	

BEER & WINE

<i>Domestic Beers</i>	2.95
<i>Imported Beers</i>	4.25
<i>Micro and Craft Brews</i>	4.25
<i>Beers on Draft</i>	
<i>Red Oak / Red Oak Seasonals</i>	3.75
<i>Wine</i>	
<i>Bottled Wines</i>	Retail Price
<i>House Wines by glass</i>	3.75

Proudly Serving **BOARSHEAD** Meats and Cheeses
The Finest Delicatessen Provisions Available
Ask about our Catering Menu

First Carolina Delicatessen

www.firstcarolinadeli.com

1635 Spring Garden Street • 336-273-5564

Monday – Saturday 10am– 9:30pm

All Sandwiches come with a pickle spear and potato chips or carrot sticks. Split sandwich charge .50

<i>Italian Sub</i> Reg & Lg 8.35 10.25	<i>Genoa Salami • Cappicola • Provolone • Sliced Cherry Peppers • Imported Ham Lettuce • Tomato • Onion • Special Dressing • Sub Roll</i>
<i>Sky Dog</i> Reg & Lg 8.50 10.50	<i>Corned Beef • Turkey Breast • Imported Ham • Swiss • American • Provolone • Lettuce • Tomato • Onion • Special Dressing • Sub Roll</i>
<i>Cheese Sub</i> Reg & Lg 7.75 9.75	<i>Provolone • Swiss • American • Lettuce • Tomato • Onion • Special Dressing • Sub Roll</i>
<i>Kais R.B.</i> 8.35	<i>5 oz. Roast Beef • Russian Dressing • Cole Slaw on a Kaiser Roll</i>
<i>Super Turk</i> 8.35	<i>Turkey Breast • Swiss Cheese • Lettuce & Tomato • Russian Dressing • on a Kaiser Roll</i>
<i>Italian Sailor</i> 8.35	<i>Pastrami • Pepperoni • Swiss Cheese • Served Hot on Rye with Mustard</i>
<i>Sailor</i> 8.35	<i>¼ lb. Knockwurst • Pastrami • Swiss Cheese • Served Hot on Rye with Mustard</i>
<i>Nutley</i> 8.35	<i>Turkey Pastrami • Sauerkraut • Swiss Cheese • Russian Dressing • served Hot on Rye</i>
<i>Reuben</i> 8.35	<i>Corned Beef • Sauerkraut • Swiss Cheese • Russian Dressing • served Hot on Rye</i>
<i>Taylor Ham & Cheese</i> 8.35	<i>Taylor Pork Roll & American Cheese • Served Hot on a Kaiser Roll We recommend Ketchup</i>
<i>Continental</i> 8.35	<i>Imported Ham • French Brie • Served Hot on a Sub Roll with Spicy Mustard</i>
<i>Turkey Club</i> 8.35	<i>Turkey Breast Triple Decker • Lettuce • Tomato • Bacon • Mayo • Whole Wheat Toast</i>
<i>Knickerbocker</i> 8.35	<i>Beef Knockwurst • Sauerkraut • Melted Swiss • Mustard • Served Hot on Rye or Pumpernickel</i>
<i>Hoboken</i> 8.35	<i>Hot Roast Beef • Cherry Peppers • Melted Mozzarella • Mustard • Sub Roll</i>
<i>Hackensack</i> 8.35	<i>Imported Ham • Turkey Breast • Swiss Cheese • Cole Slaw & Russian Dressing on Rye or Pumpernickel</i>
<i>Belmar</i> 8.35	<i>Grilled Prosciutto • Melted Swiss • Spicy Mustard • on a Sub Roll</i>
<i>Harrison</i> 9.50	<i>6oz. Corned Beef Brisket served Hot on Rye with Cole Slaw & Russian Dressing</i>