

Arlington 6.95	Smoked Turkey Breast • Havarti Cheese • Lettuce • Tomato Mayonnaise • Served Hot on an Onion Roll
Wildwood 6.95	Smoked Ham & Muenster Cheese • Lettuce • Tomato • Mustard Horseradish • Served Hot on Pumpernickel
Rachel 6.95	Hot Pastrami • Sauerkraut • Swiss Cheese • Russian Dressing • Rye Bread
Emerson 6.95	Grilled Chicken Breast with Cheddar • Lettuce • Tomato • Mayonnaise On a Sub Roll
Rutherford 6.95	Rare Roast Beef • Muenster Cheese • Horseradish • Mustard • Lettuce and Tomato on a Toasted Bialy Roll
Verona 6.50	Cheddar Cheese • Fresh Cucumbers • Lettuce • Tomato • Onions Sprouts • Ranch Dressing • On Pumpernickel
Asbury 6.95	Grilled Chicken Breast • Prosciutto Ham • Swiss Cheese • Lettuce • Tomato • Sprouts Mustard • On a Kaiser Roll
Avon 7.50	Nova Scotia Salmon • Tomato • Onions • Cream Cheese • Served on a toasted Bialy Roll
Roxbury 6.95	Fried All Beef Bologna • American Cheese • Grilled Onions • Yellow Mustard • Served on an Onion Roll
Montclair 6.95	Meatless Garden Burger • Mozzarella Cheese • Russian Dressing • Lettuce • Tomato Sprouts • Served on an Onion Roll
Ridgewood 6.95	Black Bean Garden Burger • Cheddar Cheese • Salsa • Sour Cream • Served on an Onion Roll

FROM THE GRILL

Steak & Cheese Sub with provolone cheese 6.95	6 oz. Mushroom Swiss Burger 7.25
6 oz. Jumbo Burger 6.50	6 oz. Cheddar & Bacon Burger 7.25
6 oz. Patty Melt Burger 6.95	6 oz. Bleu Cheese Burger 7.25
with Swiss Cheese, Grilled Onions, Russian Dressing, *Served on Rye*	6 oz. Pepper Jack Cheese Burger 7.25
Meatless Garden Burger 6.50	
Black Bean Garden Burger 6.50	6 oz. Taylor Ham & Cheese Burger 7.25

Burgers served on a Kaiser Roll, Onion Roll or Bialy. Price includes your choice of toppings.

ON LETTUCE BEDS

Tuna or Chicken Salad 4.50	Fresh Cut Fruits (seasonal)..... 3.75
Egg Salad 3.75	Pickled Herring 5.75
	in wine or cream sauce

1. Imported Ham 5.95	13. Smoked Turkey 5.95
2. Turkey Breast 5.95	14. Chicken Salad 5.75
3. Roast Beef 5.95	15. Egg Salad 5.50
4. Corned Beef 5.95	16. Tuna Salad 5.75
5. Pastrami 5.95	17. Smoked Ham 5.95
6. Turkey Pastrami 5.95	18. Bacon, Lettuce & Tomato 5.50
7. Liverwurst 5.25	19. Bagel
8. Cream Cheese & Olive 4.95	Toasted..... 1.50
9. Kosher Hot Dog	With Butter..... 1.75
Two dogs, same plate..... 6.95	With Cream Cheese (any cheese) 2.50
10. Jerk Turkey 5.95	With Nova and Cream Cheese..... 7.50
11. Pimento Cheese 4.95	Add capers40
12. Toasted Swiss or American 4.95	

Sandwiches come on your choice of Rye Bread, Pumpernickel, Kaiser Roll, Onion Roll, Sub Roll,
White, Whole Wheat, Multi-Grain, Bialy, or Bagel

**Sprouts - .15 • Lettuce - .15 • Tomato - .15 • Cheese - .75 • Bacon - 1.00 • Cole Slaw - .15
Extra Meat – 2.00**

All Sandwiches come with potato chips or carrot sticks and pickle spear.
Side of Ranch/Bleu Cheese - .60

PLATES

20. Herring Plate – 2 cut fillets (wine or cream sauce) Cole Slaw • Lettuce • Tomato Bagel with butter or cream cheese.... 6.95	25. Dieters Plate Turkey Breast • Pasta Salad • Carrots • Lettuce • Tomato..... 6.95
21. Cold Cut Plate Choice of 1 meat and 1 cheese • Potato Salad • Rye or Pumpernickel 6.95	26. Fresh Fruit & Pasta Plate (Seasonal) with toasted bagel with cream cheese or butter..... 6.95
22. Tuna Salad Plate With Cole Slaw • Lettuce • Tomato Rye or Pumpernickel..... 6.95	27. Homemade Quiche Plate Ask about available quiche selections • with Fruit (Seasonal) Or Pasta Salad..... 6.95
23. Chicken Salad Plate With Macaroni Salad • Lettuce • Tomato • White or Pumpernickel.... 6.95	
24. Egg Salad Plate Choice of Side Order • Lettuce • Tomato • White or Wheat..... 6.95	

SALADS

Tossed Salad	4.25
<i>with cheese bits</i>	
Large Tossed Salad	4.75
Chef Salad	6.25
<i>with ham, turkey & cheese</i>	
Greek Salad	5.75
<i>Feta Cheese, Greek Olives, Salonika peppers</i>	
Small Greek Salad	4.75
Small Chef Salad	4.75
Add Grilled Chicken to any Salad	2.25

FOR THE CHILDREN

*Smaller portions, sandwiches served on White or Whole Wheat. (We can remove the crust.)
With Choice of Goldfish, carrots, or chips*

Kids Pizza	
Beef Hot Dog	
Peanut Butter & Jelly	
Chicken Fingers	
Toasted American Cheese	
Ham & American Cheese	
Turkey Breast	3.50

BEVERAGES

20oz Pepsi Fountain Products	1.95
<i>Large 32 oz</i>	
2.59	
Tea	1.25
<i>Large</i>	
1.75	
Bottled Water	1.50
Dr. Brown's Sodas	1.50
Juices	1.75
Bottled Sodas	1.75
Assorted Can Sodas	1.25
Snapples	1.75

SIDE ORDERS

Baked Beans	1.50
Red Skin Potato Salad	1.75
Hot German Potato Salad	1.75
Macaroni Salad	1.50
Pasta Salad	1.50
Kosher Pickle Speared99
Carrot Sticks with Ranch Dip	1.25
Cole Slaw	1.50
Hot Sauerkraut	1.25
4 oz. Ranch/Blue Cheese Dip60

DESSERTS

N.Y. Cheese Cake	2.75
Carrot Cake	3.25
Baklava	1.50
Brownies & Blondies	2.00
Fresh Baked Cookies – Daily!	

BEER & WINE

Domestic Bottle	2.50
Imports	3.75
Micro/Craft Brews	3.75
Beers on Draft	
Domestic	2.50
Import / Micro Brew	3.50
House Wine 187 ml	3.50

*Proudly Serving **BOARSHEAD** Meats and Cheeses
The Finest Delicatessen Provisions Available
Ask about our Catering Menu*

First Carolina Delicatessen

www.firstcarolinadeli.com

1635 Spring Garden Street • 336-273-5564

Monday – Saturday 10am– 9pm

All Sandwiches come with potato chips or carrot sticks and pickle spear

Italian Sub

6.95 8.75

*Genoa Salami • Cappicola • Provolone • Sliced Cherry Peppers • Imported Ham
Lettuce • Tomato • Onion • Special Dressing • Sub Roll*

Sky Dog

7.25 9.25

*Corned Beef • Turkey Breast • Imported Ham • Swiss • American •
Provolone • Lettuce • Tomato • Onion • Special Dressing • Sub Roll*

Cheese Sub

6.50 7.95

*Provolone • Swiss • American • Lettuce • Tomato • Onion • Special
Dressing • Sub Roll*

Kais R.B.

6.95

5 oz. Roast Beef • Russian Dressing • Cole Slaw on a Kaiser Roll

Super Turk

6.95

*Turkey Breast • Swiss Cheese • Lettuce & Tomato •
Russian Dressing • on a Kaiser Roll*

Italian Sailor

6.95

Pastrami • Pepperoni • Swiss Cheese • Served Hot on Rye with Mustard

Sailor

6.95

¼ lb. Knockwurst • Pastrami • Swiss Cheese • Served Hot on Rye with Mustard

Nutley

6.95

*Turkey Pastrami • Sauerkraut • Swiss Cheese • Russian Dressing • served Hot
on Rye*

Reuben

6.95

*Corned Beef • Sauerkraut • Swiss Cheese • Russian Dressing • served Hot
on Rye*

Taylor Ham & Cheese

6.95

*Taylor Pork Roll & American Cheese • Served Hot on a Kaiser Roll
We recommend Ketchup*

Continental

6.95

Imported Ham • French Brie • Served Hot on a Sub Roll with Spicy Mustard

Turkey Club

6.95

*Turkey Breast Triple Decker • Lettuce • Tomato • Bacon • Mayo •
Whole Wheat Toast*

Knickerbocker

6.95

*Beef Knockwurst • Sauerkraut • Melted Swiss • Mustard • Served Hot on
Rye or Pumpernickel*

Hoboken

6.95

Hot Roast Beef • Cherry Peppers • Melted Mozzarella • Mustard • Sub Roll

Hackensack

6.95

*Imported Ham • Turkey Breast • Swiss Cheese • Cole Slaw & Russian
Dressing on Rye or Pumpernickel*

Belmar

6.95

Grilled Prosciutto • Melted Swiss • Spicy Mustard • on a Sub Roll

Harrison

7.95

6oz. Corned Beef Brisket served Hot on Rye with Cole Slaw & Russian Dressing

